

Contact

+447305891568 (Work)
contact@stefianvanlieshout.com

www.linkedin.com/in/
stefianvanlieshout (LinkedIn)
lovefor.info/ (Blog)
culinairegeheugen.nl/ (Blog)
www.forever-active.org.uk/
(Company)

Top Skills

Event Management
Organisational Skills
People-oriented

Languages

Dutch (Native or Bilingual)
Spanish (Professional Working)
English (Full Professional)

Honors-Awards

The golden herring, de gouden haring
Winner 'Taste of Spain' (Proef Spanje) blog award
Second place 'Taste of Spain (Proef Spanje) for best travel blog
Bloggers award, de Blogparel
Exhibition: Longlisted in Photojournalism competition

Publications

They were lovely and pleasant in their lives
Het Culinair Geheugen
The Impact of Global Mobility on a Workforce
Kerala Blog Eye View
Met mijn voeten in het water

Stefania van Lieshout

Travel & Lifestyle Blogger
Cambridge

Summary

Blogger, Serial expat, Entrepreneur, Psychologist, Economist. Lived and worked as Finance and Project Manager in the UK, Middle East, Russia, Malaysia and Spain. Travelled the world. Over sixty countries and still counting.

Experience

Love for info ...

Blogger & Photographer: travel, lifestyle & food
January 2010 - Present (12 years 2 months)
Cambridge, United Kingdom

Award winning travel blogger @ stefianvanlieshout.com & lovefor.info
2010 - 2017 Columnist in Kosta Magazine featuring live, culture and nature in Malaga and Andalucia.

Forever Active

Managing Trustee
August 2020 - Present (1 year 7 months)
Cambridge, England, United Kingdom

Forever Active is a charity that organises exercise classes for the over-50s across Cambridgeshire. These include Strength and Balance classes, Pilates, Yoga, Line Dancing, Exercise to Music, and Tai Chi, plus some opportunities for members to take part in sports such as tennis and badminton. We have some 700 members and use the services of some 26 self-employed instructors who between them deliver 70 classes every week. They are held in all parts of Cambridgeshire (except the Huntingdon District which runs its own similar programme). The charity provides training for the instructors who must have qualifications appropriate to the classes they deliver and to work with the over 50s. Total attendances at classes in the year 2018-2019 were 25,865, compared with 13,832 three years previously. Volunteer Board of 8 members carry out a great deal of 'back-room' work alongside the development officer who works part time to support the instructors and running of classes.

Het Culinair Geheugen

Photographer

March 2016 - Present (6 years)

Netherlands

Photographer and webmaster for 'Het Culinair Geheugen'. On a quest to record recipes of the best Dutch traditional dishes before they disappear.

Tulipán Relocations

Founder/Director

June 2011 - July 2015 (4 years 2 months)

Malaga, Spain

Providing international solutions for individuals as well as companies.

Relocation and Business Services at the Costa del Sol/Malaga. Settling in, insurances, property search, financial administration.

Partnering with local and international partners (Banco Sabadell, Team Relocations). The company, a ltd, was sold in september 2015.

Tulipán Relocations is a trading name of Tulipán Business Services S.L.

Sakhalin Energy Investment Co.

Finance Transition Manager

August 2007 - June 2009 (1 year 11 months)

SEIC is the Gazprom/Shell operating company for the Sakhalin II Production-Sharing Agreement (PSA), with an integrated oil- & gas Phase 2 development budget of US\$ 20 billion.

Sakhalin Energy Investment Co.

SOx 404 Manager

2005 - 2007 (2 years)

Successfully managed transition from regionally managed SOX 404 program, to an organization embedded program.

Shell Netherlands

Project Accountant SAP Blueprint

December 2003 - June 2005 (1 year 7 months)

Shell Malaysia

Senior Management Accountant
2002 - 2003 (1 year)

Petroleum Development Oman
Senior Management Accountant
2001 - 2001 (less than a year)

European Union, Syria
Consultant
1998 - 1998 (less than a year)

Developed accounting course for small businesses.

Damascus Shell Centre, Syria
Manager
1996 - 1998 (2 years)

Responsible for the day to day running of the Damascus Shell Centre. The Centre provides a wide range of activities such as sports, a bar, a restaurant, entertainment and conference facilities.

United Nations Relief and Works Agency for Palestine Refugees in
the Near East
Teacher English
1996 - 1997 (1 year)

Teacher of English as a foreign language to Palestinian refugees in
Damascus.

Christian Salvesen, UK
Administration Manager
1994 - 1996 (2 years)

Nestle Netherlands
Apprentice
1993 - 1993 (less than a year)

Developed and implemented customer service kpis for Nestle's logistic's
department.

Education

Tilburg University
Drs, Economics · (1991 - 1993)

Apertura Escuela de Fotografía

Photojournalism · (2015 - 2016)

Universidad de Málaga

Nivel superior C1, Spanish Language & Culture · (2009 - 2010)

Open Universiteit Nederland

Drs, Occupational & Organisational Psychology · (2007)

Fontys University of Applied Sciences

BA, Business Economics · (1987 - 1991)