

Maura Harrigan, MS, RD, CSO is a Registered Dietitian and Certified Specialist in Oncology Nutrition from the Academy of Nutrition and Dietetics. She completed her Dietetic Internship at The New York Hospital - Cornell Medical Center and a Master of Science in Clinical Nutrition from New York University. At the Yale School of Public Health, Maura is the Project Manager of the Trial of Exercise and Lifestyle (TEAL) in women with ovarian cancer and the Lifestyle, Exercise and Nutrition (LEAN) Study in women with breast cancer. Both trials evaluate the impact of a plant-based diet and exercise on treatment adherence and chemotherapy completion rates. Maura has also provided the nutrition counseling at the Yale Cancer Center Survivorship Clinic, one of the only multi-disciplinary clinics in the U.S. specializing in cancer survivorship. As a contributing author on numerous publications and a frequently invited speaker, Maura is working towards integrating plant-based nutrition and exercise into the standard of care for all oncology patients. When Maura is not cooking or hiking, you can find her at the opera.